Is Bone Ceramic® an osteoconductive material when used as an onlay graft?

A prospective experiment on rabbit mandibles.

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Dr. Mazen Almasri. BDS, FRCDC

Supervisor:

Dr. Timothy Head. DDS, MSc, FRCDC

School of Graduate and Postdoctoral Studies Faculty of Dentistry, Oral Maxillofacial Surgery McGill University Montreal, Quebec Canada

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ABSTRACT

Objective: The purpose of this study is to test the osteoconductivity of Bone Ceramic® (BC) alloplastic material when used as an onlay graft under biodegradable poly L-lactide, polyglycolide acid (PLA/PGA) chambers (Inion[®] GTR^{TM} , Finland). Materials and Methods: 11 New Zealand white rabbits were used. On each rabbit's mandible, one test sample (BC chamber) was placed on the (right or left) body, while its control sample (empty, E chamber) was placed on the contralateral side. Randomized placement of the test and control samples to the right and left bodies of the mandibles was applied and identified. Twelve weeks postoperatively, the animals were sacrificed and the samples were extracted for analysis. Gross sample assessment, Micro-CT imaging, histology, and histomorphometry were used to analyze the differences between the test and control groups. The parameters evaluated are bone volume, bone surface area, and bone distribution. Results: Comparing the data of the BC and the E groups revealed significant statistical difference. Micro CT analysis showed statistically significant more bone volume in the BC than the E group, (P value < 0.0001). The mean of the bone volume percentage in the BC group 25.86% compared to 3.12% in the E group. Moreover, histomorphometry showed statistically significant more bone surface area in the test group (mean 20.70%) than the control group (mean 6.23%), P value < 0.0001. Conclusion: BC was found to be osteoconductive when used as an onlay graft under PLA/PGA biodegradable chamber.

RESUME

Objective: L'objectif de cette étude est d'étudier l'ostéoconductivité du matériel pour greffe allogène Bone Ceramic® utilisé comme onlay sous une chambre de maille (*Inion*® *GTR*[™], *Finlande*). Ce matériel est composé principalement de polymères biorésorbables dérivés d'acide lactique et d'acide polyglycolide (PLA/PGA). Les paramètres employés pour l'évaluation des résultats sont le volume et la distribution de la greffe, ainsi que la superficie calcifiée de tissu. Méthodes: 11 lapins blancs de la Nouvelle-Zélande ont été utilisés. Sur chaque lapin, un os en céramique (BC, spécimens d'essai) a été placé dans la chambre d'Inion d'un côté de la mâchoire inférieure. Du côté opposé, une chambre sans os en céramique (Vide, spécimens E) a été placée comme contrôle. Le placement des spécimens du côté droit ou gauche de la mâchoire inférieure a été fait de manière aléatoire. Les chambres ont été fixées à la mâchoire inférieure utilisant des vis en titanium. Environ douze semaines après la procédure, les animaux ont été sacrifiés et les spécimens ont été extraits pour l'analyse. L'évaluation brut, l'imagerie Micro-CT, l'histologie, et l'histomorphométrie ont été employées pour analyser les différences entre les groupes d'essai et les contrôles. Résultats: En comparant les données des groupes BC et E utilisant un test du t à deux queues, une différence statistique significative a été notée. L'analyse Micro-CT a démontré de façon statistiquement significative une plus grande distribution d'os dans le groupe BC que le groupe E (P < 0.0001). La moyenne du volume d'os dans le groupe BC était 25.86% et celle du groupe E, 3.12%. L'histomorphométrie a démontré davantage de formation d'os au groupe d'essai (moyenne 20.70%) qu'au groupe de contrôle (moyenne 6.23%), P < 0.0001. Conclusion: BC est considéré ostéoconducteur quand utilisé comme greffe d'os onlay sous la membrane biorésorbable de PLA/PGA.

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CHAPTER ONE INTRODUCTION AND BACKGROUND

1.1 INTRODUCTION AND BACKGROUND:

Dental implant placement is frequently challenged by deficiency of bone volume in the horizontal and/or vertical dimensions. This deficiency is due to atrophy, periodontal disease, trauma, pathology, or infections (*Barber and Betts 1993*). Reconstruction of the alveolar ridge has been attempted using various methods such as autogenous bone grafts, allogenic bone grafts, xenografts, alloplasts, and the concept of guided bone regeneration (GBR) (*Norton et al. 2003*). Autogenous bone has generally been considered to be the gold standard for alveolar ridge reconstruction due to its unique osteogenic, osteoconductive, osteoinductive, and continuous remodeling capabilities (*Moy and Aghaloo 2007*). However, autogenous bone grafts have some disadvantages such as, donor site morbidity, limited quantity, and rapid resorption rate when compared to non autogenous grafts (*Albrektsson and Johansson 2001*). These drawbacks were the reasons to investigate other options such as hydroxyapatite (HA) and calcium phosphate compounds (*Constantz 1998*). HA and calcium phosphates represents the core of Bone Ceramic alloplastic grafts, which is the material that will be discussed in detail in this article.

1.2 BONE AUGMENTATION PRINCIPLES:

It is important to define some of the fundamentals of bone grafting and alveolar reconstruction. These fundamentals will help the operator to customize a proper treatment for each case.

"Bone Graft Incorporation" is defined as the fusion of the bone graft to the recipient site, which is followed by bone remodeling and eventually formation of more mature bone, thereafter enabling the bone graft to withstand continuous functional loading (*El-Hakim 2006*).

Osteogenesis is defined as the formation of new bone from osteoprogenitor cells. The osteoprogenitor cells either arise from the recipient site or are transplanted into the wound by the graft material. Autogenous bone graft is an example of osteogenic materials.

Osteoinduction refers to the ability of the graft to stimulate mesenchymal stem cell differentiation to osteoblasts. These mesenchymal cells are triggered by other osteoprogenitor cells and growth factors like bone morphogenic proteins (BMP), platelet derived growth factor (PDGF), and TGF-B.

Osteoconduction is the process by which a bone graft material provides a scaffold into which blood vessels and cells can migrate. Bone Ceramic is an example of osteoconductive materials (*Aljandan 2007*).

Autogenous Bone graft: Evidence confirms that autogenous bone is the gold standard bone augmentation material due to its unique osteogenic, osteoinductive, osteoconductive and continuous remodeling capabilities (Moy and Aghaloo 2007, Aljandan 2007). Studies have shown that the implant success in autogenous bone grafts is generally over 95%; however, success has varied from 70 to 100% depending on the inclusion criteria of each study (Barber and Betts 1993, Hallman et al 2002). Factors affecting implant success are the quality of bone, patient health status, degree of bone loss before implant placement, smoking, clenching, bruxism, and the operator expertise (Hallman et al 2002).

Autogenous bone grafts can be harvested from intraoral or extraoral sites. The amount of autogenous bone required can be a determining factor of the graft harvest site. Intraoral sites are usually used to reconstruct smaller areas, i.e. for placing one or two implants. Autografts can be harvested intraorally from the maxillary tuberosity, chin, external oblique ridge, and coronoid process. Moreover, extraoral donor sites can provide larger quantities of autogenous bone compared to intraoral harvest sites. The most common extraoral harvest sites are: tibial plateau (provides 25-40cc of uncompressed cancellous bone), anterior iliac crest (50-75cc),

and posterior iliac crest (100-120cc) (Yildirim et al. 2000). The main disadvantages of using autogenous bone grafts are: second operative site morbidity and increased operation time (Norton et al. 2003, Leonetti & Koup 2003). Another significant consideration in autografts is their rapid resorbability, which accounts for 30 to 55% during the first six months of healing and proceeds in a slower rate thereafter (Johansson et al 2001). The idea of using calvarial bone grafts has been proposed and proven to have less resorption rate, during the first 6 months of healing, due to its intramembraneous ossification origin (Jensen & Sindet 1991).

Allografts are tissues derived from one human, and following processing are grafted into another human. The stated advantages of allografts are their osteoconductive properties and the possibility that they are osteoinductive secondary to the presence of bone morphogenic protein (BMP) traces. These BMP traces act as the major cytokine regulating bone induction (Moghadam et al. 2004). Despite this, their osteoinductive property is inferior to fresh autogenous bone grafts. A major disadvantage in using allografts is the risk of infectious disease transmission; however, this risk is minimized following the advancements in drug and pharmaceutical materials processing (Yildirim et al. 2000). It is therefore necessary to discuss these facts with the patients in order to clarify any religious or personal objections.

<u>Xenografts</u> are grafts derived from different species other than human (e.g Bovine), and processed to be used in humans. A xenograft acts as an osteoconductive material and has the advantage of unlimited quantity (*Tuominen et al. 2001*). The main disadvantage of using xenografts is the prolonged resorption period, which requires a waiting period of 9 to 12 months before attempting an implant placement (*Alharkan 2007*).

Alloplastic grafts are inorganic synthetic materials that have the advantage of being osteoconductive, synthetic origin, and availability in unlimited quantity. Variable

mixtures have been studied in the literature, and calcium phosphate represents one of the most commonly studied ones (*Jensen et al. 2001*).

Calcium phosphate alloplast is a generic term that consists of the chemical formulations; CaOH - 3(PO₄) - H₂O. This chemical formula can experience a transformation from a liquid or pasty state to a solid state, in which the end-product of the reaction is calcium phosphate. Calcium phosphate grafts consist generally of a concentrated mixture of one or several calcium phosphate powders and an aqueous solution (e.g. water) (Constantz BR et al. 1998). These alloplasts have excellent tissue compatibility and osteoconductive capabilities (Damien and Parsons 1991). Furthermore, hydroxyapatite (HA; Ca₅ - (PO₄)₃ - OH) is a crystalline example that has been studied since 1970, and clinically applied as a biomaterial substitute to repair craniofacial defects (Shindo M et al. 1993). Moreover, Gosain et al (2002) claimed HA to possess osteoinductive potential when HA grafts were placed into soft tissue pockets in sheep and further bone formation was achieved in these pockets. The exact mechanism of this osteoinductive potential has not been understood. HA's osteoconductivity has been proven by the successful filling of calvarial bone defects in sheep. Gossain et al reported that the ceramic form of HA has more potential for bone replacement than the cement form, and that the major disadvantages of HA are their brittleness and low degradation potential (Gossain et al 2002, Bohner M 2007).

The material of interest in our experiment is Bone Ceramic[®] (BC). BC is an alloplastic material composed of a combination of HA (Ca₅ - (PO₄)₃ - OH); 60% and beta tricalcium phosphate (bTCP; Ca₃-(PO₄)₂); 40%. Unlike other calcium phosphates, Straumann[®] BC is not simply a mixture of HA and bTCP, it is chemically synthesized as a composite to ensure homogenous distribution of the two components. Its composition of HA and bTCP gives it two phases of activity: first, it supports the bulk of the graft by the hard HA particles; and second, it enhances the subsequent replacement of the bTCP degradation products with blood vessels and mature lamellar bone by the faster resorption rate of bTCP compared to HA (Gosain

2004, Nakadate M et al 2008). Jensen SS et al (2006) studied the resorption pattern of bTCP by creating bony defects on minipig mandibular angles and grafting these defects with bTCP. Subsequently, the subjects were sacrificed at 1, 2, 4, and 8 weeks respectively in order to analyze the grafts' histologic and histomorphometric characteristics. Significant resorption was noticed throughout the periods, and mulltinucleated giant cells were noticed actively engulfing the dissolved bTCP particles. This analysis indicated that degradation of bTCP seems to be a combination of dissolution and direct cell-mediated resorption.

BC is 90% porous, with pores sizes ranging between 100 to 500 microns in diameter. This high porosity allows maximum space for vascularization, macrophage invasion, osteoblast migration and bone deposition, of which the exact mechanism is not completely understood. Studies have shown that bone morphogenic protein (transforming growth factor – beta (TGF-β) superfamily), derived from platelets and the surrounding tissues, is a possible molecular initiator that may regulate cartilage and bone differentiation in vivo (*Pollick et al. 1995*). The provider suggests more than 6 months of waiting period before placing an implant in Bone Ceramic grafts.

1.3 INLAY VERSUS ONLAY GRAFT HEALING:

<u>Inlay bone grafting</u> is defined as the procedure where the graft material is placed into a native contained bony cavity (*Elhakim 2006*), while <u>onlay bone grafting</u> is the procedure where the graft material is placed on top of a flat bony surface. It is well known that inlay bone grafts are more predictable than onlays, due to the presence of multiple walls that contain the graft and provide osteoprogenitor cells and nutrients (*Ozaki and Buchman 1998*). Therefore, inlay grafts exhibit increased volume with time, in contrast to onlay grafts which resorb over time (*Rosenthal and Buchman 2003*) (*Marx et al. 1993, 2002*).

The use of BC as an inlay graft has been previously discussed in the literature. Ellinger et al (1986) showed promising results when BC was used to

reconstruct periodontal defects, and <u>Fleckenstein KB</u> et al (2006) showed significant new bone formation when BC was used to reconstruct iatrogenically created calvarial bone defects in rats. Froum S et al used histomorphometry to compare BC and anorganic bovine bone (ABM) for sinus lift grafting. Six to eight months post grafting; a core of the graft was harvested from twenty one healed sinuses and sent for histomorphometric analysis. The results comparing BC and ABM showed an average vital bone content of 28.35% and 22.27%, respectively. The average percentage of residual graft particles was 28.4% in the BC cores and 26.0% in the ABM cores. The difference in vital bone formation was not statistically significant between sinuses treated with the BC and sinuses treated with the ABM; therefore, both materials appeared to be osteoconductive.

The use of BC as an onlay graft was studied by *Gosain et al (2005)*. *Gosain et al* compared facial augmentations in ten sheep using autogenous calvarial bone and HA derived biomaterials including BC. 16.8×5 mm blocks were fabricated and implanted on different locations on sheep faces and craniums. One year later, samples were harvested for volume analysis and the results showed that BC blocks exhibited more predictable graft volumes than autogenous calvarial blocks, which demonstrated significant volume reduction (P < 0.0001).

1.4 GUIDED BONE REGENERATION:

Guided bone regeneration (GBR) is defined as the process of applying a functional matrix or creating a space under occlusive barriers in order to selectively allow for bone forming cells to produce bone uniquely. The periosteum has an important role in bone regeneration as it is composed of an outer fibrous (vascular) layer and an inner cambium (osteogenic) layer. Kostopoulos and Karring (1995) evaluated the bone-forming capacity of the outer (fibrous) and inner (cambium) layer of the mandibular periosteum in skeletally mature rats. Their experiment was carried out in 25 rats, where the mandibular ramus was exposed on one side (experimental side) after elevating a muscle-periosteal flap. Next, a teflon capsule was placed with its opening facing the periosteum, at the subsurface of the raised

muscle-periosteal flap, and sutures were used to fix the capsule in place. In the contralateral side, the periosteum of the lateral aspect was left intact on the ramus and a teflon capsule was placed with its opening facing the periosteum. The histological analysis demonstrated that all the experiment and control specimens revealed some bone production 7 days after the operation. At 120 days, the mean amount of new bone produced in the experimental capsules was merely 3% (range 0-15%) of the total space created by the capsule, while it was 68% (range 41-85%) for the control capsules. The results demonstrated that substantial amounts of bone can be produced by the placement of an occlusive teflon capsule facing a mandible covered with periosteum (*Kostopoulos and Karring 1995*).

It has been proven that the periosteum has an important role as an occlusive barrier. Adeyemo W et al (2008) examined the role of the host periosteum on the healing of an onlay graft to the mandible based on histologic and immunohistochemical analysis. Twelve adult sheep were used in the study and all received four iliac corticocancellous onlay bone grafts on the lateral surface of the mandible. In group 1, the block graft was placed in direct contact with the recipient cortical bed and fixed with micro-screws, and in group 2, the recipient cortical bed was perforated before graft placement. The host periosteum around the graft was excised before flap replacement in group 3, and in group 4, a sheet of silicone membrane was placed between the graft and the recipient bed. The animals were sacrificed at 4, 8, 12 and 16 weeks postoperatively. Samples were harvested and sent for histology and immunohistochemistry for proliferation and apoptotic markers. The results indicated that recipient cortical bed perforations offered no advantage over the non-perforated bed regarding healing and integration of the bone graft. Excision of the host's overlying periosteum was accompanied with rapid resorption of the grafts and partial or complete replacement with fibrous connective tissue (group 3). Infiltration of the graft by connective tissue in group 3 demonstrated that the absence of periosteum lead to infiltration of the graft site by non-osteogenic cells. Total or partial replacement of the graft with connective tissue was observed only in group 3.

Types of GBR materials:

Different types of GBR membranes are available in clinical practice. The criteria to assess GBR membranes are biocompatibility, resorbability, support of the underlying graft, exclusion of the undesired non-osteoprogenitor cells, and ease of manipulation. However, it is difficult to find a single material that contains all the ideal criteria (McAllister et al. 2007). Two major categories of membranes are available in practice, resorbable and non resorbable.

A- Non Resorbable membranes: Examples of non resorbable membranes are polytetrafluoroethylene (ePTFE), titanium reinforced ePTFE, and titanium mesh. The ePTFE was one of the original materials used for this purpose. The major disadvantage of ePTFE is that once it is exposed by wound dehiscence, the infection rate is high. In addition, ePTFE will not support epithelialization and granulation on top of the exposed surface, consequently this will usually require preterm removal (*Buser et. al. 1993, 1995; Bartee 1995*).

Titanium mesh is another example of non resorbable products which has the following advantages;

- Biocompatibility
- Easy of manipulation
- Excellent support to the underlying graft
- Low graft-resorption rate (Von Arx et al. 1996, 1998).

The chief disadvantage of titanium meshes is that they do not resorb. Hence, 3 to 5 months after placement, titanium meshes should be removed in order to place dental implants. The process of removal of these titanium meshes is usually traumatic to the bone graft and the soft tissue flap; therefore caution should be taken while doing so. Another disadvantage of using a titanium mesh is that healing by secondary intention is unlikely to occur if the titanium surface is exposed by wound dehiscence.

B- Resorbable Membranes: The term biodegradation is used to explain the course of resorption/ degradation of these membranes in the human body. Two major categories of resorbable membranes are available for clinical use, synthetic and natural products. Variable thicknesses are available, ranging from 0.05 mm to 1.5 mm, which lead to variable biodegradation time frames ranging from 3 to 36 weeks. The natural products are usually composed of animal type-one collagen, which can be extracted from animals' Achilles tendon. These natural products are biodegraded by enzymatic biochemical processes. The main disadvantage of a collagen membrane is the lack of strength to support a particulate graft.

The other category of resorbable membranes is the synthetically fabricated ones. There are variable copolymers made of polylactic acid (PLA) and polyglycolic acid (PGA) monomers. It is imperative to understand that each copolymer has different characteristics and biological responses depending on its manufacturing process (crystallization degree, reticulation level, etc.) and not only on its chemical composition. For example, PLA polymers produce inflammatory effects and have long degradation times that can reach over 5 years; conversely the copolymer PLA/PGA has appreciable osteoconductivity, absence of an inflammatory response, and better solubility than PLA or PGA individually (Kontino et al. 2005). The copolymer PLA/PGA has good solubility in most of the common solvents including chlorinated solvents, tetrahydrofuran, acetone or ethyl acetate. PLA/PGA is degraded via hydrolysis in the body to produce the original monomers, lactic acid (LA) and glycolic acid (GA). The final by products of PLA/PGA degradation are water and carbon dioxide (Meadows 1993, McAllister et al. 2007). The main advantage of a PLA/PGA membrane over a collagen membrane is better stability.

Variable PLA/PGA products have been investigated such as bone plates (Ferretti et al. 2002, Landes 2003, Eppley 2004), socket preservation sponges (Sireno et al. 2003) (Rimondini et al. 2005), bony defect fillers (Imbronito et al. 2005), and resorbable screws. Resorbable screws have been used successfully for

bone graft block fixation. Their main advantage in this application is avoiding subsequent screw removal, compared to titanium screws (*Chacon GE et al 2004*).

Resorbable PLA/PGA membranes are used for guided bone regeneration and as bone graft carriers; therefore *Kinoshita Y et al (1993)* studied the geometry maintenance capability of PLA membranes. The experiment was done on a canine model where cylindrical PLA carriers were fabricated and filled up with autogenous bone and then placed subcutaneousely. In 3 months, 80% of the carrier geometry was maintained. These same authors published another study in 1997, in which they studied bone volume maintenance in PLA carriers placed into iatrogenically created mandibular continuity defects. Iliac crest bone grafts were harvested and packed into U-shaped PLA carriers that were fixed to the superior border of the mandible in an inverted U-shape fashion. Canines were scarified at 3, 6, and 12 months respectively for graft volume analysis. Results showed predictable bone volume maintenance in the trays; therefore the authors concluded that PLA carriers were efficient bone graft carrier devices.

Studies have shown that PLA/PGA membranes are biocompatible and can provide stable wound healing. *Eppley et al (1997)* demonstrated stable wound healing when a PLA/PGA mesh was used to stabilize calvarial bone grafts. It was reported that it took 9 months for the PLA/PGA membrane to completely degrade. *Nieminen et al (2006)* studied the PLA/PGA degradation rate in a prospective study, where Inion® membranes were fixed into the lateral aspect of the mandible of sheep. The animals were sacrificed at 6, 12, 26, 52 and 104 weeks postoperatively. At 6–26 weeks, the mesh was present and surrounded by a fibrous connective tissue network. At 52-104 weeks, neither the mesh, the fibrous networks, nor any foreign body reactions were detected. These authors concluded that complete degradation of the PLA/PGA membranes is to be expected 12 months post implantation.

1.5 SUMMARY:

Dental implants have become one of the most important interventions in the field of Oral Maxillofacial reconstruction. Proper implant placement is mandatory to achieve optimal results; however, this is frequently challenged by alveolar bone deficiency. Alveolar bone reconstruction is often needed before dental implant treatment, which can be in the form of inlay or onlay bone grafting. It is well known that the onlay bone grafting procedure is more challenging than inlay grafting. Autogenous bone grafts are considered to be the best grafting materials; despite this, the surgeon may encounter variable situations when he/she has to use non autogenous bone substitutes; therefore we are investigating the option of using BC, an alloplastic material. Our aim is to know if BC is an osteoconductive material when used as an onlay graft under a PLA/PGA membrane.

CHAPTER TWO MATERIALS AND METHODS

2.1 EXPERIMENTAL MODEL:

Adult female New Zealand White (NZW) rabbits, weighing 3.0 to 4.0 kg, obtained from the Charles River breeding facility, were used as the experimental animals. The NZW rabbit has been used extensively as a model for bone grafting experiments in the maxillofacial skeleton. The rabbits' bone remodeling cycle is short (sigma = 6 weeks) while for humans the sigma value is 17 weeks. Using the sigma ratio between human and rabbit, conclusions can be extrapolated from the rabbit model to human equivalents (*Roberts et al. 1998*).

2.2 TREATMENT GROUPS

Eleven New Zealand white rabbits were used. On each rabbit's mandible, one test sample (BC chamber) was placed on the (right or left) body, while the control sample (empty, E chamber) was placed on the contralateral side. Randomization in placing the samples between the right and left bodies of the mandible were applied and identified. The Bone Ceramic graft was packed into the PLA/PGA chamber which was fixed to the mandible using 3 to 4 titanium screws (Figures 1, 2, 3). Before fixating the chamber, two bleeding points were made through the cortex of the mandible using a bone tap driver, in order to expose the chambers' inner space to bone marrow. The sample size for this experiment was calculated by Professor Jose Corea (McGill University Statistics Department), using the data of Aljandan's (2007) MSc thesis – McGill, Alharkan's (2007) MSc thesis – McGill, and the "Simple Sample Size Calculator" software. We chose a power of 80% to prove effectiveness, a standard deviation of 1.5 and a total confidence width of 2.5. The required sample size was found to be twelve rabbits (N= 12), thus, twelve rabbits were ordered. One was eliminated due to aberrant

reaction to preoperative anesthetic medication; hence, the remaining animals were numbered subsequently from 1 to 11.

2.3 EXPERIMENT ARMAMENTARIUM

Biodegradable membrane:

Preparation of the membrane was done following the manufacturer's instruction. The manufacturer's plasticizer, N-Methyl-Pyrolidone (NMP) a widely used solvent for water insoluble drugs, was used to soften a 0.2 mm dense PLA/PGA membrane (*Inion GTR*TM, *Finland*). Subsequently, the softened form was molded to the desired shape by press forming the material over a metallic template. The metallic chamber had a total volume of 48 mm³ and a dimension of 4x4x3 mm. The molded Inion membrane had an approximate dimension of 4.5x4.5x3.2 mm and resulted in a chamber volume of 64.8 mm³ (Figures 2, 3).



Figure-1: Inion biodegradable membrane packaging (left) and while completely immersed in the plasticizer (right).



Figure - 2: After the plasticizing step, molding the membrane over the metallic template



Figure - 3: The chamber in the middle showing the replica size to the metal chamber on the right. Notice the relative size of the chamber to a #15 blade.

2.4 PREPARATION AND ANESTHETIC TECHNIQUE

To reduce variability, all the operative procedures were performed by one surgeon and all animal handling such as injections and anesthesia were performed by the Montreal General Hospital (MGH) Animal Health Technical Team. All the manipulations and procedures performed on the rabbits were approved by the McGill University Veterinarian Committee and the McGill University Animal Ethics Committee (Appendix III).

To acclimatize the animals, all of them were kept in a designated room at the MGH research institute and a period of seven to ten days was allowed between the purchase time and the surgery date. The animals were housed in individual cages and were given water and food. One animal developed an aberrant reaction to a preoperative anesthetic drug and was eliminated from the study.

Water and food were withheld from each animal 12 hours prior to the surgery. At one hour pre-operatively, each animal was sedated by injecting Butorphanol 0.3 mg/kg intra-muscularly. Thereafter, the animal was brought to the operating room, where intravenous access was established by inserting a 22 gauge catheter into the auricular vein, and general anesthesia was induced using the combination of drugs: Thiopental (25 mg/kg), Xylazin (1-3 mg/kg), Atropin (1 mg/kg), and Ketamin (35-50 mg/kg). These drugs were injected intravenously and thereafter, the rabbit was intubated using a pediatric, uncuffed, endotracheal tube. General anesthesia was then maintained using a 2-4% of Isoflurane inhalation agent and the animal was connected to a mechanical ventilator (on an assisted ventilation mode) for the entire duration of the surgery. At the same time, all the monitoring devices, a pulse oximeter and a thermometer, were also connected. Each animal received a preoperative dose of antibiotic (Cefazolin 12.5 mg/kg) intravenousely (Novopharm Ltd., Toronto, Canada).

2.5 OPERATIVE PROCEDURE

The same technique was applied to all the animals, in which the first animal was labeled as number 1, and the last animal as number 11. Just prior to the surgery, the skin over submandibular area was shaved and disinfected using Povidine solution.

The animal was then placed on one lateral side and the surgical site was prepped and draped. A 3 cm submandibular skin incision was made along the inferior border of the mandible and carried through skin, subcutaneous tissue, muscle, and periosteum, to expose the inferior border of the mandiblular body. This was followed by a subperiosteal dissection along the lateral aspect of the mandiblular body (Figures 4, 5, 6). Following the manufacturer's recommendations, Bone Ceramic material was wet with 0.9% normal saline, to ease its manipulation (Figure 7), and was packed gently into one chamber without excessive crushing force. The chamber was applied above the two cortical bleeding points and secured to one body of the mandible using 3 to 4 titanium screws (4-6 mm long/ 1.7 mm diameter). The periostium was protected and kept intact, then carefully laid over the chambers. The incision was closed in layers starting with the periostium and muscle over the chamber using 3-0 Vicryl suture in tension free - continuous fashion. Next, the skin was closed using 3-0 Monocryl suture in similar continuous fashion. Subsequently, the rabbit was turned onto the other side to perform placement of the control sample (empty chamber) using the same operative technique.



Figure - 4: Exposure of the lateral aspect of the mandible



Figure – 5: Another mandible exposure and adapting the chamber onto the mandibular body.

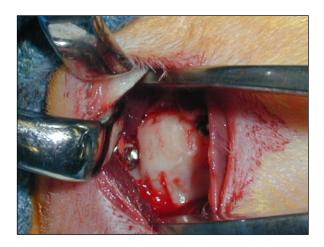


Figure – 6: The chamber fixed to the body with screws.



Figure- 7: White BC particles placed into a green dish (Left). A sample of BC was wet with normal saline and became ready to be packed into the chamber (right).

2.6 POST OPERATIVE CARE

After the surgical procedure was accomplished, the Isoflurane was stopped and the animals were observed for spontaneous breathing. The animals were extubated after two minutes of regular spontaneous breathing and were kept under close monitoring for 30 minutes before they were sent to their cages.

Buprenorphine (Reckitt Benckiser plc, Slough, UK) 0.04 mg/Kg IM was used every 12 hours to achieve analgesia. This was done regularly for 48 hours and then as needed, according to a periodic evaluation of the animals by the Animal Health Technicians (AHT). All the animals were given a liquid diet for 1 to 2 days post operatively and then fed with regular food as tolerated. All animals were examined and weighed twice a week by the AHT. None of the animals showed any signs of infection or loss of more than 15% of their pre-operative weight.

2.7 POSTMORTEM ASSESSMENT AND PREPARATION

2.7.1 Samples extract:

All the animals were sacrificed twelve weeks following the grafting procedure. Butorphanol (Apothecon B.V., the Netherlands) 0.3 mg/Kg was given for

sedation prior to sacrifice and Pentobarbital (J. M. Loveridge p.l.c., Southamton, UK) 150 mg/Kg was then infused through an intraauricular intravenous cannula. After cessation of cardiac pulsation was confirmed by the AHT, the animals were transferred to the operating room. Through a submandibular incision, a sharp dissection was performed to expose the lateral aspect of the bodies of the mandible and an en bloc resection of the portion of the body containing the sample was preformed using bone clippers. On clinical observation, the test samples showed more chamber bulk than the empty chambers (Figures 8, 9). The specimens were immediately placed in sterile containers of 70% alcohol and the containers were clearly marked with, the rabbit's name, sample's identification (test or control), and the operation side (right or left body of the mandible). All the specimens were transported to the JTN Wong Labs (Centre for Bone and Periodontal Research, McGill University, Montréal, QC) for further processing.



Figure – 8: A postmortem control specimen with screws maintaining the chamber in position and noticeable partial degradation of the membrane.



Figure – 9: Lateral view showing the vertical height of a test sample

2.7.2 Micro-CT analysis

All the samples were scanned using a standard desktop micro-CT instrument (Model 1072, Skyscan, Aartselaar, Belgium). The scanner was configured at 100 kV and at 98 µA and images were captured using a 12-bit, cooled CCD camera (1024 X 1024 pixels) coupled with a fiber optics taper to the scintillator. The images were then magnified to a 10.94 µm pixel size and the images were sectioned perpendicular to the native bone with a 21.88 µm distance between each cross-section. Each cross-section was reduced to half its size in order to facilitate the analysis, given a voxel size of 21.88 x 21.88 x 21.88 µm3. Next, three-dimensional (3D) rendering models were created for all the specimens, using the 3D Creator and CT-Analyzer software (SkyScan, Kontich, Belgium), and were used for bone volume measurements.

The micro-CT analysis was performed at the Centre for Bone and Periodontal Research in McGill University. The bone volume (BV) is defined as the total bone deposits that were present in the chamber, twelve weeks post chamber's placement. The BV was measured using the 3D Creator software (*SkyScan, Kontich, Belgium*) which created a 3D model from a sequence of two-dimensional images from each sample. On the 3D image the areas of bone were determined and the software (*SkyScan, Kontich, Belgium*) calculated the BV. Bone volume percentage (BV%) is defined as the percentage of bone occupying the total chamber's volume (appendix V). The same technique was used to measure the generated bone height, representing the bone height from the cortical base toward the roof of the chambers (Figure 13).

2.7.3 Histologic preparation and assessment

The specimens were fixated with 70% alcohol and sequentially embedded in Polymethylmethacrylate (PMMA) following the protocol in appendix IV. The histological preparations and the histomorphometric analyses were performed at the *J.T.N Wong Labs (Centre for bone and periodontal research, McGill University, Montréal, QC)*.

Using a microtome the samples were sectioned to produce 4-5 um thick slices. The sections were produced in sagital cross sectional planes through the center of each specimen. These sections were also perpendicular to the outer cortical aspect of the mandible. Two representative sections from the centre of the specimen were chosen and mounted on slides. After deplastification using ethylene glycol, monoethyl ether and acetate respectively for 30 minutes each, staining was applied. The staining was done according to a standardized protocol (see appendix IV). An image of the histological slides that were stained with Von kossa and Toluidine blue was captured using a digital camera connected to a light microscope at 2.5x magnification.

2.7.4 Histomorphometric analysis:

Image-J software (version 1.37v) was used to conduct the histomorphometric analysis. The histological 2 dimensional (2D) slide image was captured and the software was calibrated so that 245.65 pixels equaled 1 mm. The bone deposits were

shaded and the particle analyzer feature in the software was used to calculate the bone surface area (BSA). The BSA percentage (BSA%) represents the percentage of bone occupying the total chamber's surface area in 2D.

CHAPTER THREE RESULTS

3.1 CLINICAL COURSE

Following the surgeries, all the animals resumed their regular diet on time, and none had any local or systemic complications. Moreover, twelve weeks after the grafting procedures all of the eleven animals were sacrificed as per the experiment protocol. The following section represents the results of the test (BC) group, the control (E chamber) group, and the differences between the groups.

3.2 GROSS DESCRIPTION:

Upon dissecting the masseter muscle and periosteum off the mandible, the titanium screws were identified, and aided in locating the chambers. The samples were harvested using bone clippers and were trimmed to produce 2x2 cm specimens (Figures 10, 11). Next, the remaining muscle layer and fibrous tissue were grossly dissected from the sample. This uncovered partial degradation of all the PLA/PGA chambers. The screws were remove easily using screw drivers and the specimens were found to be stable in place.



Figure – 10: A postmortem control specimen showing partial degradation of the membrane.



Figure – 11: Lateral view of a test specimen showing the maintained graft volume and vertical height

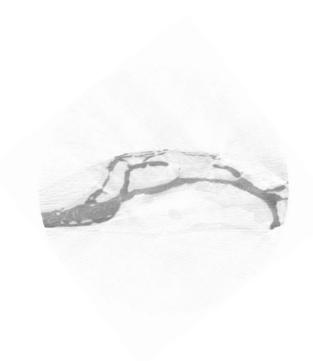


Figure – 12: A grey scale micro CT image of a control sample. The bone (in dark grey) is formed in a scattered linear fashion

3.3 MICRO CT ANALYSIS:

The micro CT results of the eleven E samples were the following;

- The (BV%) grew into the chamber ranged from 0.0% to 9.51% with a mean of 3.1% and a standard deviation (SD) of 2.6%.
- The height of bone growth in the chamber (the mean of the original chamber's height was 3.2 mm), ranged from 0.0 mm to 2.0 mm. The mean is 1.1 mm with a SD of 0.6. (Figure 12)

The results of the eleven BC samples were the following;

• The (BV%) grew into the chamber ranged from 11.47% to 37.48%, with a mean of 25.8%, and a SD of 7.3%. (Figure 13).

• The height of bone growth in the chamber ranged from 1.62 mm to 3.15 mm with a mean of 2.6 mm and a SD of 0.4. Table-1 shows the difference between the two groups.

When comparing the BC and the E groups (using paired T test) the following was found:

- BV%: The test group had a BV% mean of 25.8%, and a SD of 7.3% while the control group had a mean BV% of 3.1% and a SD of 2.6%. As a result, the test group demonstrated statistically significant more BV% than the E group, P value < 0.0001.
- The height of bone growth in the chamber: The test group had a mean of 2.6 mm with a SD of 0.4 while the control group had a mean of 1.1 mm with a SD of 0.6. As a result, the test group demonstrated statistically significant more bone height growth in the chamber than the E group, P value < 0.0001. See table-1, graph 1 and 2.

For per specimen values of bone volume, percentage and bone height, see appendix V

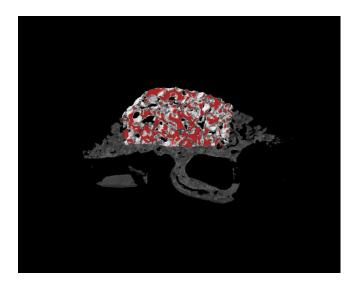
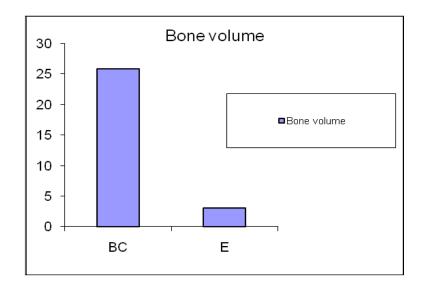


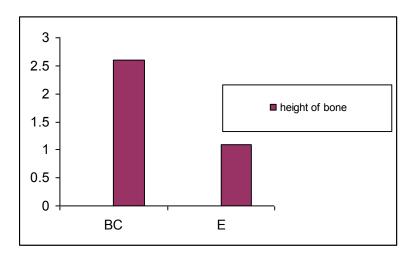
Figure – 13: 3D micro CT image of a test sample. Red color represents ceramics while white represents bone.

Group	Bone volume %	Height of Bone
	(mean)	(mean)
ВС	25.8%	2.6mm
Е	3.1%	1.1mm

Table 1: A comparison of the BC and the E group bone volume and height of bone means.



Graph 1: Comparing the mean bone volume percentages between the BC (test) and the E (control) groups.



Graph 2: Comparing the mean bone height grown in millimeters between the BC and E groups.

3.4 HISTOLOGIC ANALYSIS:

Bone trabeculae were identified and noticed to be denser closer to the base of the samples than the roof. The bone tissue looked like immature woven bone with osteoblasts and osteoid deposits. In the BC samples the bone distribution took the shape of multiple semicircles, probably due to the presence of bone at the interparticles spaces (Figure 15). Unlike the BC group, the E samples' bone trabeculae demonstrated multiple linear deposits (Figure 14)

3.5 HISTOMORPHOMETRIC ANALYSIS:

Per sample histomorphometric values can be seen in appendix VI that shows the 11 control (E) samples' examined parameters. These parameters reveal variation in chamber structural maintenance ranging from completely-collapsed chambers to non-collapsed chambers (Figure 14). The BSA% ranged from 0.0% to 15.12% with a mean of 6.23% and a SD of 5.2. Most of the bone distribution occupied the lower third of the chamber.

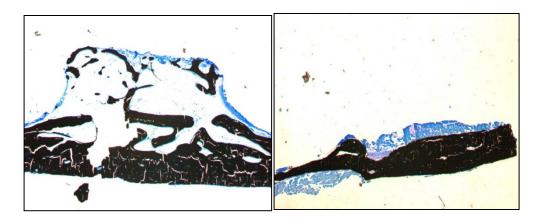


Figure – 14: Two histologic slides of control specimens (2.5 x magnifications) stained with Von Kossa & Toluidine Blue. The figure on the left shows a nicely non-collapsed chamber. The bone trabeculae (in black) are demonstrated as multiple linear deposits. The right image shows a control sample with the chamber completely collapsed.

In the test group, a total of 11 BC samples were available for histomorphometric examination. The following results were found:

• The BSA% ranged from 7.08% to 33.93%, with a mean of 20.7% and a SD of 7.9. The bone distribution was observed all over the chamber (Figure 15).

Comparing the BC and E groups using paired T test revealed that the BC group had statistically significant higher BSA% than the E group, (P < 0.0001) (Graph 3).

Per sample detailed results can be viewed in appendix VI.

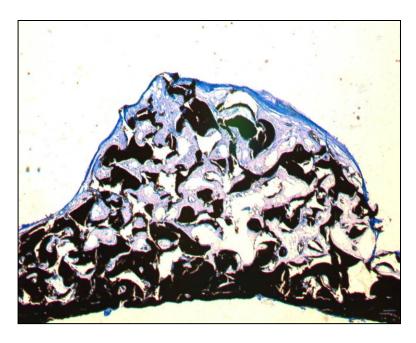
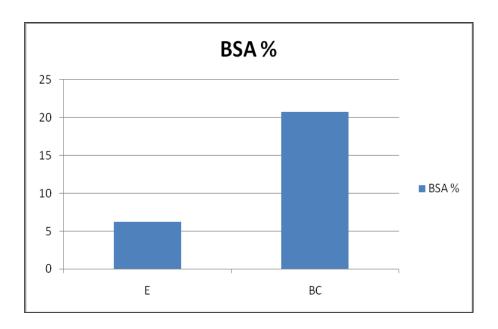


Figure – 15: Histology slide of a BC sample showing bone distribution (black islands) arranged in multiple semicircular deposits. Denser bone aggregates are noticed closer to the base of the chamber than the roof.



Graph 3: Shows the histomorphometric difference in BSA% between the test (BC) group and the control (E) group.

Another interesting observation regarding the geometric stability of the collected 22 chambers was identified in the histomorphometric analysis. It was observed that 14 of the 22 chambers (63.6%) maintained their geometric shape (10 were test and 4 were control samples), while 8 of the 22 chambers were collapsed (severe collapse was observed among 7 control samples, and partial collapse was seen in 1 test sample). See appendix VI for per sample histomorphometric and chamber geometry analysis.

CHAPTER FOUR DISCUSSION AND CONCLUSION

4.1 THE BIODEGRADABLE MEMBRANE

All the Inion membranes were covered with fibrous tissue layers that were reflected gently to identify and examine the membranes grossly, and despite being partially degraded, the membranes were identified easily on gross examination.

Inion[®] membranes are biodegraded by enzymatic hydrolysis that leads to the loss of the membrane's physical properties in 2-4 months after implantation, and complete degradation by 12 months (*Nieminen et al. 2006*). In our study, it was noticed that after three months of healing, all the membranes had undergone partial degradation.

The main drawbacks of the PLA/PGA membranes are the following:

- 1. Sensitive handling technique.
- 2. Time consuming for preparation.
- 3. Poor chamber geometric stability

4.2 THE TEST GROUP (BC)

Twelve weeks post graft, the BC did not resorb completely and the particles were identified on gross examination. Micro CT and histology showed the homogenous mixture between the BC particles and the bone islands.

The results of this experiment indicated that BC is an osteoconductive material when used as an onlay graft and that PLA/PGA biodegradable membrane was found to be successful in carrying a BC onlay graft.

This study adds more evidence to the literature regarding the osteoconductivity of BC under a PLA/PGA membrane. The bone formed was occupying the interparticle spaces in multiple semicircular deposits (Figure 15).

BC's osteoconductivity has been examined in many studies. As an *onlay*, one study was found that examined BC blocks grafted on sheep's facial skeleton (Gossain et al 2005). Ten sheep were used to compare autogenous cranial (calvarial) bone grafts and HA derived biomaterials (including BC). One year postimplantation, all the blocks were harvested for analysis. The results showed that the cranial bone grafts demonstrated highly significant reductions in volume, while the BC blocks showed higher predictability of graft volume maintenance. In addition, it was found that the bone replacement in BC grafts ranged between 16.4 to 23.9%, which is comparable to the results found in our experiment. Therefore, it was concluded that the graft volume maintenance in onlay BC blocks were highly predictable, whereas that of cranial bone blocks were unpredictable, one year postimplantation.

Aljandan (2007) studied cancellous bone onlay graft volumes under PLA/PGA chambers and under titanium chambers. The results showed no significant difference in graft volumes between the PLA/PGA chamber groups and the titanium chamber groups. Aljandan concluded that using either a PLA/PGA chamber or a Titanium chamber is efficient enough to support particulate bone grafts.

Alharkan (2007) studied the osteoconductivity of Bio-Oss® onlay grafts under titanium chambers. The mean BV% gained was 18.4%, in which 13.2% of that bone occupied the lower half of the chamber while 5.1% occupied the upper half. In our experiment, the idea of dividing the PLA/PGA chambers to halves was not possible due to the potential geometric changes that could be expected in these biodegradable chambers. However, it was noticed that all the BC samples had bone growth throughout the chamber with a mean BV% of 25.8% and that the bone

distribution was denser close to the base of chamber as opposed to the roof area. This might suggest comparable bone distribution when using Bio-Oss or BC as an osteoconductive onlay graft. Further studies are required to precisely compare the osteoconductivity of Bio-Oss and BC under PLA/PGA chambers.

4.3 THE CONTROL GROUP (EMPTY CHAMBERS)

In our experimental study, the empty PLA/PGA chamber group revealed a BV% mean of 3.1%. Alharkan (2007) placed a Bio-Oss® onlay graft under a titanium chamber on one side of rabbit mandibles, and placed an empty titanium chamber on the contralateral side. He found that the mean BV% under the empty titanium chamber group was 5%. Seemingly, the BV% values found under the titanium chambers in Alharkan's study were higher than those found under the empty PLA/PGA chambers in our study. This is probably due to the superiority of titanium chambers over PLA/PGA chambers in geometric stability; however more precise and controlled studies are required to examine the exact difference.

4.4 CONCLUSION AND RECOMMENDATION

This study confirms that BC is an osteoconductive material when used as an onlay graft under a PLA/PGA biodegradable chamber. This study suggests that this grafting technique could be clinically applied to reconstruct a small horizontal alveolar bone deficiency. However, further studies are required to assess the quality of this grafting technique for subsequent dental implant placement.

Appendix I

Rabbit names, order, and surgical site details.

surgery date	Animal Name	right side left side		Sacrifice date	
15-Dec-08	Victory	control	Test	March.30,2009	
15-Dec-08	Yale	control	Test	"	
15-Dec-08	Kymco	control	Test	"	
15-Dec-08	Aprila	control	Test	"	
15-Dec-08	Magestic	control	Test	"	
17-Dec-08	Cyclone	test	Control	"	
17-Dec-08	Boxer	test	Control	"	
17-Dec-08	Alléluia	test	Control	"	
17-Dec-08	Ducati	test	Control	"	
17-Dec-08	Wooler	test	Control	"	
18-Dec-08	Taurus	test	Control	u	

Appendix II

Design of the titanium chambers and the membrane molds



Appendix III Specimen Preparations and Embedding Protocol

Preparation:

The bone graft specimens were stored sequentially in the following solutions for a minimum of 48 hours:

- 1- 70 % solution v/v of ethanol (Commercial Alcohols Inc., Brampton, on.) and water for drying.
- 2- 95 % solution v/v of ethanol and water for drying.
- 3- 1:1 solution v/v of ether/acetone (JT Baker Inc. Jackson, TN) for degreasing and defatting.
- 4- Anhydrous ethanol for final drying.

In addition, magnetic stirring at each stage facilitated permeation of each fluid into the bone.

Embedding:

Prior to embedding, all specimens were pre-soaked for a minimum of 48 hours in a solution of Polymethylmethacrylate (PMMA) (Aldrich Chemicals, Oakville, On.) inhibited with 10 ppm hyrdoquinone. The PMMA solution was activated with the addition of 3.5g of benzoyl peroxide (Aldrich Chemicals) per liter of PMMA monomer. The specimens in monomer were stored at 4 °C in a refrigerated environment and magnetically stirred.

All specimens were embedded in PMMA. The process of embedding yielded a sample that was encased in a hard, transparent plastic block. In this manner the specimens were well preserved and mechanically stable for a variety of analysis procedures. The liquid monomer was prepared for polymerization as follows:

1) The inhibited (10 ppm methyl hydroquinone) PMMA monomer was activated with the addition of 3.5g of benzoyl peroxide per liter of PMMA monomer.

- 2) The activated monomer was heated at 55 ° C in a hot water bath for approximately six hours. During heating the monomer was stirred each 1/2 hour.
- 3) When the consistency of the partially polymerized solution was similar to thin syrup and slightly yellow in color, the solution was removed from the hot water bath. Upon removal the solution was cooled under tap water and stored at 1 ° C.

Appendix IV
Micro CT Results

Animal Name	Side - sample	Ceramic+ Bone (mm3)	CeramicO nly (mm3)	Bone Vol. Only (mm3)	Template (4.5x4.5x3. 2mm)	BV/TV (%)	Bone Height (mm)
Victory	right_control	0.66	0	0.66	64.8	1.02%	0.78
Victory	left_test	14.49	1.38	13.11	64.8	20.23%	1.62
Yale	right_control	6.16	0	6.16	64.8	9.51%	2
Yale	left_test	32.65	8.36	24.29	64.8	37.48%	3.15
Kymco	right_control	0.51	0	0.51	64.8	0.79%	0.8
Kymco	left_test	24.85	4.21	20.64	64.8	31.85%	2.88
Aprila	right_control	2.36	0.04	2.32	64.8	3.58%	0.48
Aprila	left_test	26.95	7.89	19.06	64.8	29.41%	2.55
Magestic	right_control	1.28	0	1.28	64.8	1.98%	1.42
Magestic	left_test	23.8	8.1	15.7	64.8	24.23%	2.75
Cyclone	right_test	10.35	2.92	7.43	64.8	11.47%	2.45
Cyclone	left_control	0	0	0	64.8	0.00%	0
Boxer	right_test	24.54	8.2	16.34	64.8	25.22%	2.18
Boxer	left_control	1.9	0.01	1.89	64.8	2.92%	1.65
Alléluia	right_test	23.7	7.67	16.03	64.8	24.74%	2.65
Alléluia	left_control	2.23	0.14	2.09	64.8	3.23%	1.32
Ducati	right_test	20	5.1	14.9	64.8	22.99%	2.99
Ducati	left_control	3.25	0	3.25	64.8	5.02%	1.21
Wooler	right_test	32.31	9.65	22.66	64.8	34.97%	2.95
Wooler	left_control	2.97	0	2.97	64.8	4.58%	1.68
Taurus	right_test	24.84	10.65	14.19	64.8	21.90%	2.58
Taurus	left_control	1.11	0.01	1.1	64.8	1.70%	1.18

Appendix V Histomorphometric Analysis Results

ID	Def	Slide	Bone Surface Area (um2)	standard area (mm2)	% (proportion of bone)	Chamber geometry
Alleluia	TR	ATR	4126685.3	14400000	28.66	nice chamber
Alleluia	CL	ACL	1684330.71	14400000	11.70	nice chamber
Aprila	Control-right	ApCR	220819.28	14400000	1.53	Collapsed
Aprila	Test-Left	ApTL	2371889.22	14400000	16.47	nice chamber
Boxer	TR	BTR	3211386	14400000	22.30	part Collapsed
Boxer	CL	BCL	763527.68	14400000	5.30	Collapsed
cyclone	TR	CTR	1226931.27	14400000	20.58	nice chamber
cyclone	CL	CCL	2963214.55	14400000	8.52	Collapsed
Ducati	TR	DTR	4281625.71	14400000	29.73	nice chamber
Ducati	CL	DCL	1582093.39	14400000	10.99	nice chamber
Kimco	Control-right	KCR	0	14400000	0	collapsed
Kimco	Test-Left	KTL	2000966.21	14400000	13.90	nice chamber
Magestic	Control-right	MCR	569476.9	14400000	3.95	Collapsed
Magestic	Test-Left	MTL	4886627.16	14400000	33.93	nice chamber
Taurus	TR	TTR	2978558.49	14400000	20.68	nice chamber
Taurus	CL	TCL	320721.65	14400000	2.23	all collapsed
Victory	Control-right	VCR	0	14400000	0	all collapsed
Victory	Test-Left	VTL	3081296.16	14400000	21.40	nice chamber
Wooler	TR	WTR	1953933.7	14400000	13.57	nice chamber
Wooler	CL	WCL	1320662.71	14400000	9.17	nice chamber
Yale	Control-right	YCR	2176587.58	14400000	15.12	nice chamber
Yale	Test-Left	YTL	1019120.98	14400000	7.08	Nice/angled cut

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