

# Rapid and specific SPRi detection of *L. pneumophila* in complex environmental water samples

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**Abstract** Legionellosis is a very devastating disease worldwide mainly due to unpredictable outbreaks in man-made water systems. Developing a highly specific and sensitive rapid detection system that detects only metabolically active bacteria is a main priority for water quality assessment. We previously developed a versatile technique for sensitive and specific detection of synthetic RNA. In the present work, we further investigated the performance of the developed biosensor for detection of *Legionella pneumophila* in complex environmental samples, particularly those containing protozoa. The specificity and sensitivity of the detection system were verified using total RNA extracted from *L. pneumophila* in spiked water co-cultured with amoebae. We demonstrated that the expression level of ribosomal RNA (rRNA) is extremely dependent on the environmental conditions. The presence of amoebae with *L. pneumophila*, especially in nutrition-deprived samples, increased the amount of *L. pneumophila* 15-fold after 1 week as measured through the expression of 16S rRNA. Using the developed surface plasmon resonance imaging (SPRi) detection method, we were also able to

successfully detect *L. pneumophila* within 3 h, both in the presence and absence of amoebae in the complex environmental samples obtained from a cooling water tower. These findings suggest that the developed biosensing system is a viable method for rapid, real-time and effective detection not only for *L. pneumophila* in environmental samples but also to assess the risk associated with the use of water contaminated with other pathogens.

**Keywords** Biosensors · Nanoparticles/nanotechnology · Nucleic acids (DNA | RNA) · Optical sensors

## Introduction

*Legionella* species are the causative agent of legionellosis, and among them, *Legionella pneumophila* is responsible for more than 90 % of legionellosis. Legionellosis is a very devastating disease worldwide mainly due to unpredictable outbreaks. Legionellosis, which is transmitted through aerosol, is manifested as a form of pneumonia or Pontiac fever, a milder form of the disease with flu-like symptoms [1]. Between 2001 and 2006, 30 % of waterborne disease outbreaks in the USA were caused by *Legionella* [2]. The fatality rate of legionellosis can approach 50 % within industrial and hospital outbreaks, especially affecting individuals with a compromised health condition [1]. *L. pneumophila* is found in most natural and engineered water systems, such as air conditioning, showers and cooling towers where it contaminates and multiplies inside amoebae [3].

Currently, *L. pneumophila* is mainly detected by laboratory culture, polymerase chain reaction (PCR), immunology-based methods and DNA microarray methods [4–6]. However, these detection methods all have shortfalls. The culture method is very time consuming and does not have the ability to detect

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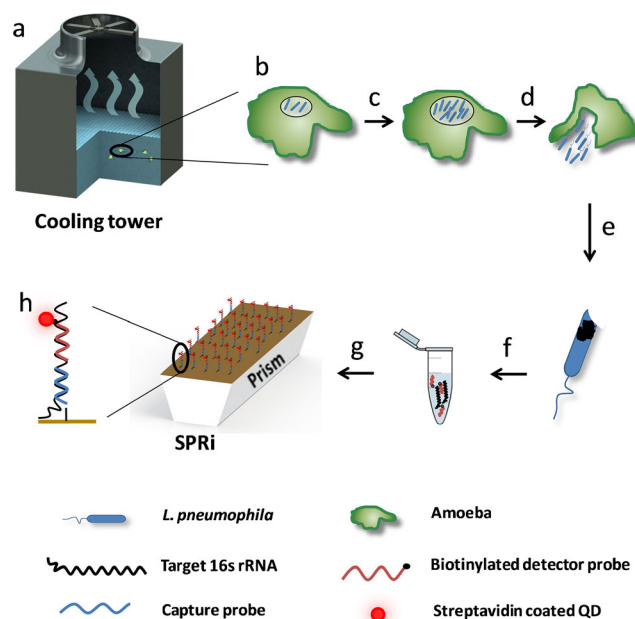
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viable but nonculturable cells (VBNC). PCR is unreliable in many situations, due to false-positive detection of nonviable bacteria and the presence of inhibitors in environmental water [7]. DNA microarrays are also unable to distinguish between live and dead bacteria. Targeting ribosomal RNA (rRNA) is a viable alternative that overcomes the aforementioned limitations: it provides a detection system that is more reliable, accurate and sensitive. This is due both to the correlation of the RNA expression level in bacteria with microbial activity and to the presence of high copy numbers of 16s rRNA in each bacterium.

We developed an effective technique for detection of synthetic RNA [8], through the design of specific DNA capture and detector probes along with the use of quantum dots (QDs) for signal amplification. We were able to detect sub-femtomole levels of synthetic RNA with the surface plasmon resonance imaging (SPRi) biosensor in less than 3 h. Although the detection of synthetic RNA is the first step towards the development of a biosensor for on-site detection, the main challenge remains to validate the performance of the developed biosensor for much more complex situations such as the detection of RNA extracted from pathogenic *L. pneumophila* in environmental water samples, particularly when protozoa are present.

The interaction of protozoa, especially amoebae, with *L. pneumophila* in water systems is of great importance. Most of the conventional biosensors are unable to detect the *L. pneumophila* hidden inside amoebae and failed to provide any meaningful information regarding the interaction of *Legionella* with protozoa especially in the environmental water samples. *L. pneumophila* can normally survive in nutrition-deprived environments for long periods of time but cannot multiply. They multiply in these environments mostly when amoebae were also present [9]. The ingestion of *L. pneumophila* by amoebae provides an intra-cellular environment for its amplification in water systems. In addition, amoebae can also act as a shelter against harsh conditions such as low temperatures and the presence of biocides [9–12]. In the case of biocide treatment, this protection can result in treatment failure, after which *L. pneumophila* might be able to recolonize the water system rapidly. Another important impact of amoeba-*Legionella* interaction is the enhancement of the virulence of *L. pneumophila* [13]. It has been reported that their combined action contributes to *L. pneumophila*'s virulence by priming the bacteria to infect human cells [14].

Therefore, in our current work, we investigated the interaction of the amoeba with *L. pneumophila* in the nutrition-deprived buffer and the environmental water samples. We further examined the specificity and sensitivity of our detection approach in these conditions and their effects on the biosensor performance with the ultimate goal of developing an on-site detection system (Scheme 1). In order to ensure specificity of the detection system, we first examined total RNA (totRNA) extracted from different bacteria and then the limit of detection of totRNA extracted from pathogenic *L. pneumophila* was



**Scheme 1** Schematic illustration of the infection cycle of *L. pneumophila* in amoebae in cooling tower water and detection of *L. pneumophila* using SPRi: *a* cooling tower water containing amoebae and *L. pneumophila*, *b* an amoeba infected by *L. pneumophila*, *c* multiplication of *L. pneumophila* inside an amoeba, *d* lyses of amoeba and release of *L. pneumophila*, *e* collection and lyses of *L. pneumophila*, *f* extraction and fragmentation of RNA from *L. pneumophila*, *g* hybridization of extracted RNA on the SPRi chip, *h* schematic of the RNA hybridization using capture and detector probes and use of QDs post amplification

determined with our SPRi-based biosensor setup. In addition, the effect of residency of *L. pneumophila* in nutrition-deprived water samples and amoeba-*Legionella* interaction in a co-culture system with defined water composition on 16s rRNA expression and on the SPRi signal at different time points was assessed. Finally, cooling tower water samples contaminated with *L. pneumophila*, in the presence and absence of amoebae, were examined to explore the viability of the developed technique for detecting *L. pneumophila* in a complex environment.

## Experimental

“Materials and Methods” can be found in the [Electronic Supplementary Material](#).

## Results and discussion

### Assessment of specificity and sensitivity of the SPRi biosensor

In order to evaluate the specificity of the detection system, the change in SPRi reflectivity ( $\Delta\%R$ ) of totRNA hybridization

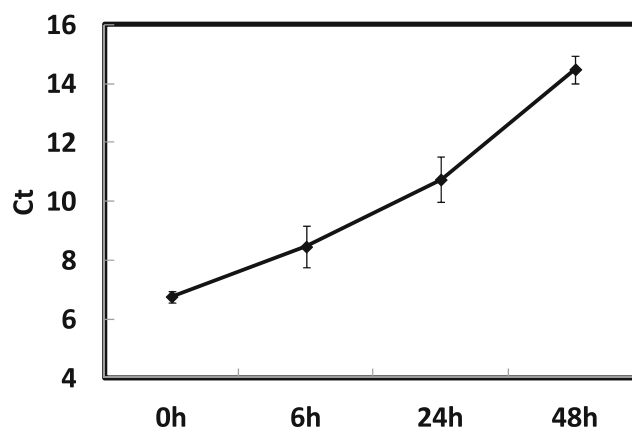
from  $10^6$  colony-forming units (CFU)/mL of *L. pneumophila*, two different strains of *Escherichia coli* (DH5 $\alpha$  and K12) and *Pseudomonas aeruginosa* were measured. As shown in Fig. S1, hybridization of totRNA extracted from all bacteria except for *L. pneumophila* did not result in a significant SPR signal. This confirmed that the designed capture and detector probes allowed for highly specific detection of *L. pneumophila*. To determine the sensitivity and limit of detection (LOD) for totRNA, a dilution series of *L. pneumophila* in AYE medium ranging from  $3 \times 10^4$  to  $3 \times 10^8$  CFU/mL was made, and 1 mL of each sample was used for RNA extraction. The extracted RNA was then fragmented and the hybridization kinetic was monitored in real time with a SPRi biosensor, employing the SA-QD signal amplification. The results indicated that RNA could be extracted from very low concentrations of bacteria, ranging from  $3 \times 10^4$  to  $3 \times 10^8$  CFU/mL. A LOD comparable to that obtained for the detection of synthetic RNA [8] was achieved, thereby confirming the high sensitivity of the developed detection system in a complex mixture of RNA (Fig. S2).

### 16s rRNA expression level

The presence of *L. pneumophila* in nonoptimal conditions, especially in nutrition-deprived environments, has been reported to affect its metabolic activity which in turn influences the expression of 16s rRNA [15]. To investigate the metabolic activity of *L. pneumophila* in nutrition-deprived environments, *L. pneumophila* was incubated in AC buffer at different time points from 0 to 48 h. Reverse transcriptase PCR was first performed to convert RNA to cDNA, and then real-time PCR was carried out to quantify the expression level of 16s rRNA. Since in real-time PCR, the cycle threshold (Ct) is defined as the number of cycles required for the signal to exceed the background level, the Ct value is inversely proportional to the amount of RNA in the sample (Fig. 1). It has been reported that *L. pneumophila* cannot grow in AC buffer [16], and we further confirmed this by CFU counting for each sample (data not shown). Our results suggest that, even after 6 h of exposure of *L. pneumophila* to AC buffer, the level of 16s rRNA expression dropped significantly and this trend continued up to 48 h (Fig. 1). This further shows that the metabolic activity of bacteria is extremely dependent on their milieu, and confirms that targeting 16s rRNA in bacteria could give meaningful insight into the metabolic state of bacteria.

### SPRi detection of *L. pneumophila* co-cultured with amoebae

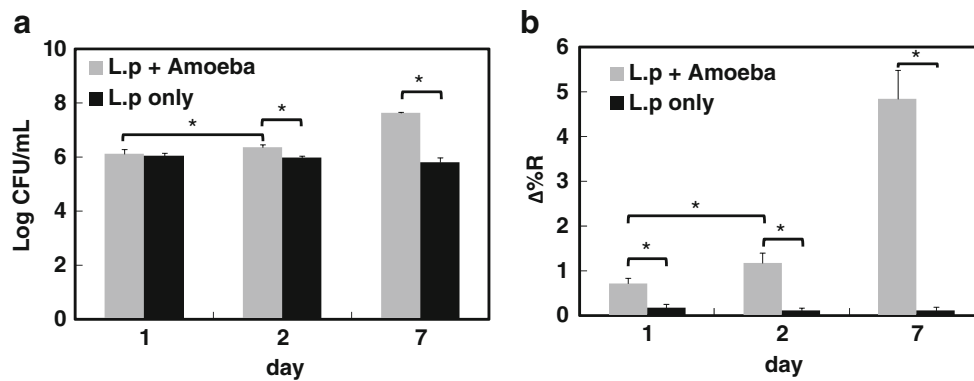
In order to investigate the effect of amoebae presence on *L. pneumophila* purulence,  $1.5 \times 10^6$  amoebae were co-cultured with  $1.5 \times 10^6$  CFU of *L. pneumophila* in AC



**Fig. 1** The effect of incubation time of *L. pneumophila* in AC buffer on 16s rRNA expression was examined. Ct values obtained from real-time PCR experiments and plotted against four different incubation time points. All data are expressed as mean  $\pm$  standard deviation

buffer. Figure 2 shows changes in SPRi signal as a function of *L. pneumophila* concentration after 1, 2 and 7 days in the presence and absence of amoebae. Interestingly for *L. pneumophila* in AC buffer, the SPRi signal dropped to  $0.18 \pm 0.09 \Delta\%R$  as of day 1 (Fig. 2b) which is significantly lower than at the same concentration in AYE (2 % change in reflectivity is expected at the same concentration in AYE, according to Fig. S2). This lower SPRi signal is obviously due to the reduction of 16s RNA expression of *L. pneumophila* in a nutrient-poor medium as compared to the SPRi signal in an AYE medium. The drop in SPRi signal is also in agreement with our previous observation, depicted in Fig. 1. The Ct value for day 1 was significantly lower than that for day 0. The SPRi signal for day 1 was stronger for the co-cultured samples than for the *L. pneumophila* cultured alone ( $0.18 \pm 0.09 \Delta\%R$  versus  $0.72 \pm 0.13 \Delta\%R$ ), while the CFU count remained the same for both (Fig. 2a). This further confirmed that the amoebae would enhance *L. pneumophila* 16s rRNA expression.

In order to examine the effect of RNA extracted from amoebae on the detection system performance, the negative control samples containing only amoebae were also tested at all time points. No signals for amoeba samples were observed (data not shown). As seen in Fig. 2a, although the concentration of *L. pneumophila* in AC buffer remained the same from days 1 to 7, the presence of amoebae in co-culture samples resulted in a significant increase of *L. pneumophila* concentration after 2 ( $6.37 \pm 0.10$  Log CFU/mL) and 7 days ( $7.64 \pm 2.24$  Log CFU/mL) as compared to day 1 ( $6.11 \pm 0.17$  Log CFU/mL). The same trend could be observed with SPRi results. The reflectivity change for the co-culture sample increased with incubation time. We believe that the increase in the SPRi signal is mainly due to the increase of *L. pneumophila* concentration and partly due to the increased expression of 16s rRNA.



**Fig. 2** Incubation of *L. pneumophila* in AC buffer in the presence and absence of amoeba after 1, 2 and 7 days. **a** Concentration of *L. pneumophila* versus incubation time, **b** SPRi measurements of the hybridization of extracted RNA from 1 mL of each sample with QDs

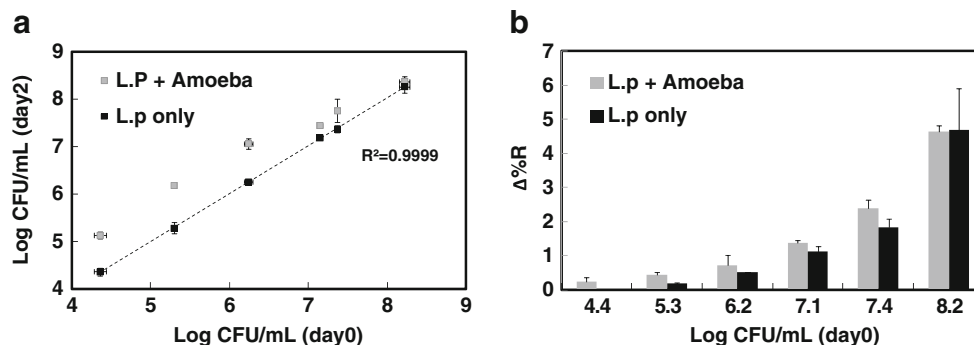
### Validation of sensing technique for the cooling tower water sample

To demonstrate the specificity and sensitivity of the system for the detection of *L. pneumophila* in complex environmental samples, *L. pneumophila* with a concentration ranging from  $2 \times 10^4$  to  $2 \times 10^8$  CFU/mL was spiked in a water sample from a cooling tower. A series of the SPRi measurements were performed in the presence and absence of amoebae after 2 days to assess the effect of this complex water sample on the *L. pneumophila* purulence and the 16s rRNA expression. As shown in Fig. 3a, the concentrations of *L. pneumophila* samples did not change after 2 days (1:1 linear correlation between days 0 and 2) while a significant increase of *L. pneumophila* concentration was observed when *L. pneumophila* was co-cultured with amoebae for all initial concentrations used in this study. After day 2, the increase in *L. pneumophila* concentrations in the co-culture samples was greater for the initial concentrations of 4, 5.3 and 6.2 Log CFU/mL than for the initial concentrations of 7.1, 7.4 and 8.2 Log CFU/mL. This could be due to the difference in the infection ratio of *L. pneumophila* to amoebae. Since the initial

post amplification. An initial concentration of  $10^6$  CFU of *L. pneumophila* in the presence and absence of  $10^6$  amoebae in a six-well plate was used. All data expressed as mean  $\pm$  standard deviation (\* $P < 0.05$ )

amoebae concentration was chosen as 6.2 Log amoebae per sample, the infection ratio of less than one (samples with initial concentrations of 4, 5.3 and 6.2 Log CFU/mL) resulted in a more pronounced increase in concentration of *L. pneumophila*. This result is in agreement with literature reporting that at a higher infection ratio (when there are more bacteria per amoeba), the amoebae are lysed more rapidly [17, 18]. Therefore, there would be less amoebae for *L. pneumophila* to grow in, which would explain the reason behind our overall observation.

The presence of *L. pneumophila* in cooling tower water samples resulted in a higher SPRi signal as compared to signals from AC buffer samples shown in Fig. 3b. For instance, the sample with a concentration of 6.2 and 5.3 Log CFU/mL resulted in  $0.499 \pm 0.02$   $\Delta\%R$  and  $0.17 \pm 0.02$   $\Delta\%R$  changes in reflectivity, respectively. These reflectivity changes were higher than the reflectivity change of  $0.12 \pm 0.05$   $\Delta\%R$  obtained from 6 Log CFU/mL in AC buffer after 2 days (Fig. 2b). This could be explained by the fact that the cooling tower water sample might contain more nutrition elements than the AC buffer. This higher concentration of nutrients can enhance the metabolic activity of *L. pneumophila* and therefore the



**Fig. 3** Incubation of a dilution series of *L. pneumophila* in a cooling water sample in the presence and absence of  $1.5 \times 10^6$  amoeba for 2 days. **a** CFU plate counting for each sample. **b** SPRi signal

measurements of the hybridization of extracted RNA from 1 mL of each sample with QDs post amplification. All data expressed as mean  $\pm$  standard deviation



16s rRNA expression level. As such, we could successfully detect *L. pneumophila* samples in the presence of amoebae with initial *L. pneumophila* concentrations as low as 4.4 Log CFU/mL (Fig. 3b).

## Conclusions

Monitoring metabolically active bacteria rapidly with high specificity and sensitivity is the main challenge in water quality assurance to prevent any potential outbreaks due to contaminated water systems. Using total RNA extracted from *L. pneumophila* along with SPRi technology, we investigated RNA as a viable genetic moiety that can provide a highly specific and sensitive detection modality for the detection of *L. pneumophila* in environmental water samples. We demonstrated that targeting 16s rRNA in *L. pneumophila* gives meaningful insight into the metabolic state of the bacteria by exposing bacteria to a nutrition-deprived environment and monitoring the change in 16s rRNA expression with time. Our results showed that after only 6 h of exposure of *L. pneumophila* to a nutrition-deprived environment, the 16s rRNA expression level decreased significantly. Interestingly, the presence of amoebae with *L. pneumophila*, in nutrition-deprived AC buffer, enhanced the expression of 16s rRNA after 1 day and resulted in a 15-fold increase in *L. pneumophila* concentration after 1 week. Further development of this biosensing approach for detection of *L. pneumophila* would certainly contribute to the implantation of tools and platform for rapid, real-time and multiplex detection of bacteria, which is essential for water risk assessment of various sources.

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